MeadowLark 1 ClorkLindsey

FEBRUARY 2025	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Physical Emotional Spiritual Cocational Social Intellectual Health Services Nutritional						10	01 Il Day Life Skills, Puzzles, Coloring & One on One Visit 0:30 Travelogue: Dubai, United Arab Emirates :30 Afternoon Exercise
	Activities: Spiritual Streaming, Table Talk & Arts and Crafts	All Day Life Skills, Puzzles, Coloring & One on One Visit	with Lisa	Coloring & One on One Visit Morning Exercise Eldergrow Project	All Day Life Skills, Puzzles, Coloring & One on One Visit 10:30 Everything But The Kitchen Sink: Kay's Band 11:30 Mind Benders 1:30 Arts and Crafts 3:15 Sip and Chat with Mariah 11:00 10:30 11:15 2:30 4:00	Coloring & One on One Visit Morning Exercise Eldergrow Project	08 Il Day Life Skills, Puzzles, Coloring & One on One Visit 0:30 Short Story: School House Score :30 Afternoon Exercise
	Spiritual Streaming, Table Talk & Arts and Crafts 1:00 Sing Along with David	10All DayHappy Birthday AgathaAll DayLife Skills, Puzzles, Coloring & One on One Visit11:30Exercise- Strength & Stretch with Ali3:00Monday Movie!1:30	Coloring & One on One Visit Yoga and Meditation 10:30 with Lisa 11:15	Coloring & One on One Visit Morning Exercise	All Day Life Skills, Puzzles, Coloring & One on One Visit 10:30 Everything But The Kitchen Sink: Kay's Band 11:30 Mind Benders 1:30 Arts and Crafts 11:15	Coloring & One on One Visit Morning Exercise Eldergrow Project	 15 II Day Life Skills, Puzzles, Coloring & One on One Visit 0:30 Name That Tune :30 Afternoon Exercise
	Activities: Spiritual Streaming, Table Talk & Arts and	All Day Life Skills, Puzzles, Coloring & One on One Visit 11:30 Exercise- Strength 10:45	Coloring & One on One Visit Yoga and Meditation with Lisa Eldergrow Project 1:15	Coloring & One on One Visit Morning Exercise Eldergrow Project	20All DayLife Skills, Puzzles, Coloring & One on One VisitAll Day10:30Everything But The Kitchen Sink: Kay's Band10:3011:30Mind Benders10:301:30Arts and Crafts11:153:15Sip and Chat with Mariah2:304:00	Coloring & One on One Visit Morning Exercise Eldergrow Project	22 Il Day Life Skills, Puzzles, Coloring & One on One Visit 0:30 All about Mia Farrow :30 Afternoon Exercise
	Spiritual Streaming, Table Talk & Arts and Crafts 1:00 Sing Along with David		Coloring & One on One Visit Yoga and Meditation 10:30 with Lisa 11:15	26 Life Skills, Puzzles, Coloring & One on One Visit Morning Exercise Eldergrow Project Art Therapy with Lydia Mocktails & Music!	27 All Day Life Skills, Puzzles, Coloring & One on One Visit 10:30 Everything But The Kitchen Sink: Kay's Band 11:30 Mind Benders 1:30 Arts and Crafts 3:15 Sip and Chat with Mariah & Monthly Birthday Party 2:30	28 Life Skills, Puzzles, Coloring & One on One Visit Morning Exercise Eldergrow Project Renarobics Bingo!	

Meadowbrook

FEBRUARY 2025	SUNDAY	MONDAY	TUESDA	Y	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	
Meeting Places AC Activity Center LDR Laing Dining Room MBAR MeadowBrook Act Rm MBDR MeadowBrook Dining Rm NT no meeting place 2									Conversation	01 MBDR MBAR
Family and friends are invited to attend all events and programs.	02	10:15Daily Chronicles & HeadlinesMBA Headlines11:15Rena's WorkoutMBD1:00Sing-along w/ KristyMBD	9:30 Coffee & Conversati 11:00 Craft Corne 1:30 ClarkLindse Library Visi	er MBAR 11:1 1:30 29 MBAR 4:00	Conversation 15 Rena's Workout MBDR 0 Craft Corner MBAR 0 Bingo MBDR	 9:30 Coffee & Conversation 10:30 Everything But The Kitchen Sink: Kay's Banc 1:00 Art Therapy 2:00 Van Trip: Campus Drive & Bakelab Treats 4:15 Artistic Endeavors 	d Conversatio	n MBDR	Puzzle Corner	08 MBAR MBAR
	09	10:15Daily Chronicles & HeadlinesMBA Headlines11:15Rena's WorkoutMBD1:00Fellowship & Prayer w/ Mark JacobsMBA MBA Corner4:00Jigsaw Puzzle CornerMBA Discussion	R 9:30 Coffee & Conversation 10:00 Therapy Dog V 11:00 Craft Corner 1:30 Music w/ Will 4:15 Cranium Crun	Visit MBAR 11:1 MBAR 1:30 MBAR 4:00	Conversation 15 Rena's Workout MBDR 0 Craft Corner MBAR 0 Twin City Bible MBAR Study w/ Alex and Stephen	Conversation 10:30 Everything But The Kitchen Sink: Kay's Band 2:15 Mocktails and Memories	13Valentine's DaMBDR9:15Coffee & ConversatioLDR11:00Morning MovementMBAR2:00St. Pat's Bib StudyMBAR4:00Trivia Time20St. Pat's Bib Study	MBDR 9 n MBDR 9	Conversation	15 MBDR MBAR 22
	10	10:15 Daily Chronicles & MBA Headlines 11:15 Rena's Workout MBD 4:00 Jigsaw Puzzle MBA		MBDR 9:30 MBAR 11:1 ibrary MBAR 11:30 ging MBAR 4:00	DCoffee & ConversationMBDR15Rena's WorkoutMBDR0Craft CornerMBAR0RumpelstiltskinACPuppet ShowMBAR0Twin City BibleMBAR	Conversation 10:30 Everything But The Kitchen Sink: Kay's Band 1:00 Art Therapy	MBDR 9:15 Coffee & LDR 2:00 Morning MBAR 2:00 St. Pat's Bib	MBDR 9 n MBDR 3	Conversation	MBDR MBAR
	23	10:15 Daily Chronicles & MBA Headlines	 9:30 Coffee & Conversation 10:00 Therapy Dog V 11:00 Craft Corner 2:00 Resident Coun Meeting 4:15 Cranium Crun 	Visit MBAR 11:1 MBAR 1:30 ncil MBDR 4:00	Conversation 15 Rena's Workout MBDR 0 Craft Corner MBAR 0 Twin City Bible MBAR Study w/ Alex and Stephen	Conversation 10:30 Everything But The Kitchen Sink: Kay's Band 2:15 Mocktails and Memories	27 MBDR 9:15 Coffee & Conversation 11:00 Morning Movement MBAR 2:00 St. Pat's Bib Study MBAR 4:00 Trivia Time	MBDR		

MeadowLark 2/3 ClarkLindsey	SUNDAY		MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY
Meeting Places AC Activity Center AS Art Studio BGL Billiards & Game Lounge B Bistro DCA Dining Common Area FC Fitness Center HPDR Horsfall Private Dining Room HL Huegy Lounge LDR Laing Dining Room MBL Main Building Lobby MLAR1 MeadowLark Act Rm 1 MLAR2 MeadowLark Act Rm 3 MLDR1 MeadowLark Act Rm 3 MLDR1 MeadowLark Act Rm 3 MLDR2 MeadowLark Act Rm 3 MLDR2 MeadowLark Act Rm 3 MLDR3 MeadowLark Dining Rm 1 MLDR2 MeadowLark Dining Rm 1 MLDR2 MeadowLark Dining Rm 1 MLDR3 MeadowLark Dining Rm 1 MLDR3 MeadowLark Dining Rm 3 MPR Multi-Purpose Rm NT no meeting place 1 NT no meeting place 3 SPDR Simon Private Dining Room S Solarium											9:30 11:30 2:00 2:30	01 Billiards BGL Puzzle MLDR2 Corner 500 Card Game AC Game - MLDR2 Word game
	3:00 Rummikub 5:30 Van Trip: FusionFest: Lunar New Year	1:00 1:15 3:00 3:15 4:15	Exercise with Liz FC Evans-Craft Hobby Shop Committee Meeting Art Therapy MLA Silent Mindfulness- SP Meditation with Dave Brain, Body, Balance MLA Trivia Euchre BC	10:00 Guided Meditation with L 10:30 Daily Chronicles 11:00 Crafter Corner - Heart Wreath 11:50 Renaerobics 11:30 Mahjong 3:00 Video Scholars 24:15 Tefalks 24:15 Tefalks 7:00 Van trip: Jupiter String	04 isa S MLAR3 MLAR2 BGL HPDR MLDR2 NT	10:00 Scrabble 10:00 Strength exercise with Liz Mains 31:15 Brain, Body, Balance 4:00 Proficable Alternatives in Central Illinois Farming 4:15 Mocktails and Chips	LAR2 10: LDR3 11: LAR2 2:0	15 Communion 30 Everything But The Kitchen Sink Kays Band 300 Village Voice 90 Ping Pong 90 Baking Club 90 Van Trip: Campus Drive & Bakelab Treats 90 Happy Hour	GGL 10:00 DR 11:00 IPDR 2:300 AR3 2:300 JT 4:15 JCR2 7:15	Coloring Crew MLDR2	2:00 2:00 3:00	08 Billiards BGL 500 Card Game AC Manis with MLDR2 Maria VGMC Ensemble AC Puzzle MLDR2 Corner
	3:00 Rummikub 5:00 Kansas City vs Philadelphia	AC 10:00 1:00 1:15 2:00 3:00 3:15	Ast Day to Purchase Valentine's Vay Carnations Exercise with Liz FC Casey Sutherland Movie ACC Presentation Art Therapy MU Foral Decorations Committee S Sleen t Mindfungs- Meditation SP with Dave Sharpe and Jim Young Brain, Body, Balance MU Trivia MU	10:00 Guided Meditation with L 11:00 Crafter Corner - Valentine cards 1:15 Renaerobics 1:30 Mahjong 30 Video Scholars s 31 4:15 72		10:00 Scrabble Interpret of the service	LAR2 10: NT 1:0 LAR2 2:0	Image: Service State Communion Serviching But The Kitchen Sinkc Kay's Band Nature Fix Movie & Discussion: Hunt for the Oddest DNA Water Color Landscapes with Hedi Richter Hatpy Hour Hatpy Hour	IGL 10:00 DR 11:00 IPDR 2:30 S 4:00 4:15 7:00	/alentine's Day 14 Execise with Liz FC Strength exercise class with Ally MLDR2 Valentine's Pizza Party LDR Afternoon Movie MLAR2 Coloring Crew MLDR2 Van Trip: Sinfonia da Camera NT Movie Night: Young@Heart AC	9:30 11:30	15 Billiards BGL Short MLDR2 Stories 500 Card Game AC Piano Recital AC Kathy Fries
	3:00 Rummikub 5:30 Van Trip: Sever Saints	SPDR 1000 1:00 1:15 3:00 3:15 4:15	esident's Day 1 Exercise with Liz Afternoon Movie: The Butler Art Therapy Silent Mindfulness- Meditation with Dave Brain, Body, Balance Presidential Trivia Euchre	 9:30 Resident Council 10:00 Guided Meditation Lisa 10:30 Daily Chronicles 11:00 Soothing Spa Time 1:15 Renaerobics 1:30 Mahjong 2:30 Video Scholars 4:15 Tod Talve 	MLAR3	10:00 Scrabble Interpret of the service with Liz M 10:00 Strength exercise with Liz M 11:00 Paint and Sip M 11:00 Book Club - The Women M 12:00 Book Club - The Women M 3:00 Rumpelstitiskin Puppet Show J 3:15 Brain, Body, Balance M 4:15 Mocktails and Chips M	LAR2 LLAR2 LLAR2 LLAR2 10: 2:0 2:0 2:0 2:0 2:0 4:3 6:1 5 7:0	15 Communion 30 Everything But The Kitchen Sink: Kays Band 30 Ping Pong 30 Van Trip: Tropical Plants in February 31 February 30 Dining Committee 31 Happy Hour 35 Documentary - Attack on 4 Pearl Harbor		Coloring Crew MLDR2	2:00 2:00 2:30	22 Billiards BGL 500 Card Game AC Trivia MLDR2 Van Trip: Mark NT Morris Dance Group Bingo AC
	3:00 Rummikub 5:30 Van Trip: Napoli's	1:00 1:15 3:00 3:15 4:00	24 Exercise with Liz FCC Opera Appreciation HP Continuation of Verdi Don Carlo Art Therapy ML/ Silent Mindfulness-Meditation SP with Dave Sharpe and Jim Young Tarian, Body, Balance ML/ Rendezvous S Trivia ML/	10:00 Guided Meditation wi Lisa 10:30 Daily Chronicles 10:30 Daily Chronicles 1:15 Renaerobics 1:30 Mahjong 3:00 Video Scholars 4:15 Ted Talks	25 sth s MLAR3 MLAR2 BGL HPDR MLDR2	10:00 Scrabble Interpt hereits with Liz M 10:00 Strength exercise with Liz M 11:00 Van Trip: North Champaign M 11:00 Paint and Sip M 3:00 What Black History Month Strength exercise with Liz 3:00 Brain, Body, salance M 4:15 Bingo M	ILAR2 10 NT ILAR2 1:0 SPDR 2:0 ILAR2 3:0 ILAR2 4:5 LDR2 6:1	0:15 Communion 0:30 Everything But The Kitchen Sink: Kay's Band 00 Ping Pong 00 Baking Qub 0 Birthday Social 00 Happy Hour 15 Documentary - Attack 0 Oreal Harbor	27 3GL 10:00 11:00 2:30 2	Afternoon Social HL Coloring Crew MLDR2	•	HAPPY BIRTHDAY JOHN KYLE 2/18 RALPH SIMMONS 2/19

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Clark**Lindsey**

FEBRUARY 2025	SUNDAY	MONDAY	TUESDAY	WEDNESDAY THURSDAY	FRIDAY SATURDAY
Dimensions of Wellness Physical Emotional Spiritual Correctional Social Intellectual Health Services Nutritional Meeting Places AC Activity Center AS Art Studio BGL Billiards & Game Lounge B Bistro HB Happy Birthday HPDR Horsfall Private Dining Room HL Huegy Lounge LDR Laing Dining Room MBL Main Building Lobby MPR Multi-Purpose Rm NT no meeting place 1 NT no meeting place 3 SPDR Simon Private Dining Room S Solarium					01 All Day Happy Birthday HB Howard Erlandson 9:30 Billiards BGL 2:00 500 Card AC Game
	Abigail Broga and Susan Sarapin	03 1:00 Evans-Craft Hobby Shop MPR Committee Meeting 3:00 Communion BGL 3:00 Silent Mindfulness- SPDR Meditation with Dave Sharpe and Jim Young 7:00 Euchre BGL	All Day 10:00 Guided Meditation with Lisa S 10:30 Indoor Activities Committee BGL 1:00 Van Trip Committee MPR 1:30 Mahjong BGL 3:00 Video Scholars HPDR 7:00 Van Trip: Jupiter String NT Quartet	3:00 Walk Club with Liz B Lisa	07082:30 AfternoonHLSocial9:30 Billiards7:15 Movie Night:ACThe Six Triple3:00 VGMCEightEnsemble
	09 All Day Happy Birthday HB John Cross 3:00 Rummikub SPDR 5:00 Kansas City vs AC Philadelphia	Carnations 1:00 Casey Sutherland Movie AC Presentation 3:00 Silent Mindfulness- SPDR	10:00 Guided Meditation S with Lisa 1:30 Mahjong BGL	Loonomy Scrabble BGL 10:00 Guided Meditation with Lisa S 10:00 Scrabble BGL 10:00 Guided Meditation with Lisa S 11:00 Van Trip: North Champaign NT 10:15 Communion BGL 1 1:00 Tech Time: Purchasing Tickets LDR Nature Fix Movie & Discussion: HPDR 2:00 Library Committee HPDR 4:30 Happy Hour B 2 3:00 Walk Club with Liz B 7:00 Rummikub SPDR 7 2:00 St Pate Pible Study C 7:00 Buffalo Love Story: A Memoir AC	Valentine's Day14152:00Valentine's Pizza PartyLDR PartyAll Day Dorothy Bell and Harold Diamond 9:30NT Dorothy Bell and Harold Diamond 9:30NT Balliards2:00Valentine's Pizza PartyLDR BandAll Day Harold Diamond 9:30NT BilliardsNT BGL2:00Van Trip: Sinfonia da CameraHL Camera2:00 Si30500 Card Game AC AC Si30AC Kathy Fries
	16 All Day Happy Birthday HB William Brewer 3:00 Rummikub SPDR 5:30 Van Trip: NT Seven Saints	3:00 Silent Mindfulness- SPDR Meditation with Dave Sharpe and	10:00GuidedS10:00GuidedSMeditation with LisaHeditation with Lisa1:30MahjongBGL3:00VideoHPDR Scholars	10:00 Scrabble BGL Lisa 1:30 Writers Group BGL 10:15 Communion BGL 1 3:00 Rumpelstiltskin Puppet AC 1:00 Ping Pong AC 1 Show by Elizabeth Goldsmith-Conley 2:00 Van Trip: Tropical MBL 2	Addiction Band 2:30 Van Irip: Mark NT
	23 All Day Happy HB Birthday Roch Ducey 3:00 Rummikub SPDR 5:30 Van Trip: NT Napoli's	Meditation with Dave Sharpe and Jim Young	1:30 Mahjong BGL 1:30 PB & J LDR	11:00 Van Trip: North NT Meditation with Champaign 3:00 Book Club AC Lisa 2	28 I:30 Old School LDR Addiction Band 2:30 Afternoon Social HL 7:15 Movie Night: The AC Iron Giant

Greenhouse Homes ClarkLindsey///

FEBRUARY 2025	SUNDAY	MONDAY	TUESDAY	WEDNESDAY		THURSDAY		FRIDAY	SATURDAY	
Meeting Places AC Activity Center GHH Both Green House Homes EGH East Green House HB Happy Birthday LDR Laing Dining Room WGH West Green House									1:00 Pretty Nails 4:00 Jigsaw Puzzle Corner	01 WGH EGH
Family and friends are invited to attend all events and programs.		9:00 Morning Mingle GHH 10:00 Craft Corner WGH 2:00 Sing-along w/ EGH	Morning Mingle Therapy Dog Visit Dada Veda Singing Folk Songs Artistic Endeavors Music & Memory	GHH GHH WGH EGH GHH 2:00 Morning Mingle (10:00 Seated Exercises 11:00 Craft Corner V 2:00 Movie Matinee (06 9:30 LDR 11:30 WGH 2:00 WGH 3:15	 Scholarly Series GH Music & Movement WG w/ Rena Artistic Endeavors EG 	1:00 Pretty Nails 4:00 Game Time	08 EGH WGH
		9:00 Morning Mingle GHH 9:00 11:00 Fellowship & EGH 10:0 Prayer w/ Mark Jacobs 10:4 2:00 Sing-along w/ EGH 2:00 Kristy	Morning Mingle Sensory Wellness Chair Yoga Artistic Endeavors Music & Memory	GHH 9:00 Morning Mingle WGH 10:00 Seated Exercises V 11:00 Craft Corner EGH 2:00 Movie Matinee EGH 3:15 Jigsaw Puzzle V Corner	WGH 1 EGH GHH WGH 2	 :00 Morning Mingle 0:30 Everything But The Kitchen Sink: Kay's Band :00 Van Trip: Campus Drive & Bakelab Treats :15 Throwback Thursday Reminiscing 	GHH 9:30 LDR 10:30 GHH 1:30 2:00 2:15) Valentine's Day EG Party	1:00 Seated Exercises 4:00 Cranium Crunches	15 WGH EGH
		9:00 Morning Mingle GHH 9:00 10:00 Craft Corner EGH 2:00 Sing-along w/ WGH Kira	Morning Mingle Therapy Dog Visit Chair Yoga Artistic Endeavors Music & Memory	GHH 9:00 Morning Mingle GHH 10:00 Seated Exercises 10:30 Church Service & Songs w/ Jon Norris 2:00 Jigsaw Puzzle Corner 3:00 Puzzle Corner	GHH AC 3	0:30 Everything But The Kitchen Sink: Kay's Band :00 Art Therapy	EGH 2:00 WGH 3:15) Scholarly Series GH Music & Movement WG w/ Rena Artistic Endeavors EG	1:00 Seated Exercises 4:00 Jigsaw Puzzle Corner	22 EGH WGH
		9:00Signing Birthday CardsGHH 9:00 9:3011:00Fellowship & Prayer W/ Mark JacobsWGH 10:302:00Sing-along w/ Kristy Helping HandsWGH EGH	Morning Mingle Chair Yoga Everything But The Kitchen Sink: Kay's Band Artistic Endeavors Resident Council Meeting	GHH WGHAll Day Nancy GelvinEGH9:00Morning Mingle10:00Seated Exercises11:00Craft CornerWGH2:00Music w/ Will	GHH WGH EGH 2: WGH	 :00 Morning Mingle 0:30 Everything But The Kitchen Sink: Kay's Band :00 Artistic Endeavors :00 Birthday Social :00 Throwback Thursday Reminiscing 	LDR 9:30 11:30 EGH WGH	28 Ay Happy Birthday Chris HB Weaver Morning Mingle GH Scholarly Series GH Music & Movement EG w/ Rena Artistic Endeavors WG Movie Matinee GH	н н н	